

## **What is a Senior Center?**

Senior Centers are designed to be a community focal point where older adults come together for services and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence, and encourage their involvement in and with the center and community.

- It must provide or arrange for a broad spectrum of services including health, social, nutritional (but not necessarily meals), educational, and recreational programs.
- It must normally operate at least 5 days a week, except legal holidays and emergencies.
- It must have programs and services available at least 6 hours each day of operation.

## **What is a Nutrition Center?**

Nutrition Centers are simply designed to bring in seniors to feed them a lunch and offer some sort of nutritional education while they are there. They are only required to be open 4 hours a day and only for that purpose.

## **How do I qualify to go to a Senior Center or Nutrition Center?**

Senior Centers have several funding sources. If you wish to apply for AAA funding, contact Ashley at 843-473-3950.

## **Can I get transportation to go to a Senior Center or Nutrition Center?**

Yes, currently the AAA only supports transportation under the Senior Center/ Nutrition site services.

## **Where are the Senior Centers and Nutrition Centers?**

### **Beaufort County**

Beaufort Senior Services  
Office)

1408 Paris Avenue, Port Royal, SC 29935 (Admin

Bluffton Nutrition Site	16 Ulmer Rd, Bluffton, SC 29910
Burton Wells Senior Center	1 Middleton Drive, Beaufort, SC 29906
St. Helena Nutrition Site	33 Penn Center Road, St. Helena Island, SC 29920

**Colleton County**

Colleton Nutrition Site	78 Highland Circle, Walterboro, SC 29488
Green Pond Nutrition Site	29 Playground Lane, Green Pond, SC 29446

**Hampton County**

Hampton Council on Aging	108 Pine St West, Hampton, SC 29924
Estill Nutrition Site	791 5 <sup>th</sup> Street, Estill, SC 29918
Yemassee Senior Center	4 Orrell Street, Yemassee, SC 29945

**Jasper County**

Ridgeland Council on Aging	444 Wise St Ridgeland, SC 29936 (Senior Center)
Hardeeville Senior Center	206 Main Street, Hardeeville, SC 29927
Robertsville Nutrition Site	9731 Cotton Hill Rd, Garnett, SC 29922